



CALL 888-ADMIT-IT and invest in yourself.

Buying, selling and trading stocks in the stock market can become a form of gambling with the same potential for negative effects on individuals, as well as their families.

Signs of stock market gambling problems include:

- Preoccupation or obsession with checking stocks online
- The need to buy more stocks to sustain the thrill
- Neglecting family or work responsibilities
- Chasing losses on stocks in order to win funds back
- Borrowing money to buy stocks
- Buying or selling stocks to feel "in action"
- Involvement in illegal activity in the stock market



**FLORIDA COUNCIL ON
COMPULSIVE GAMBLING**

GETTING HELP FOR A Stock Market Gambling Problem

With endless stock market trading mediums and options at your fingertips, ease of access can make this type of gambling especially problematic. Because losses can be multiplied with a single click, financial damage can be both extreme and irreversible, and life savings and retirement plans can be lost in a matter of moments. Fortunately, help is available.

FIND THE CONFIDENTIAL SUPPORT YOU NEED, 24/7.

With a 24/7 confidential hotline, live chat and text support options available, the Florida Council on Compulsive Gambling can help you regain control of your life and your gambling.

"It is generally agreed that casinos should, in the public interest, be inaccessible and expensive. And perhaps the same is true of stock exchanges."

– John Maynard Keynes

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